

Tumminello's themes on gemstones

Key mental themes:

- Instinctive behaviour as an expression of the lower aspects of our self, such as violence, abuse, desire and lust, are in contrast to enlightenment and higher consciousness, standing above things.
e.g. abuse on the one hand and acting as a protector of the outcasts on the other.
- Connection to the underworld
Gemstones are the flowers of the underworld; they relate to the depths of our psyche, to the subconscious. They enable deep awareness and purification processes through death and rebirth. They are companions in processes of change. Gemstones represent gain, strength, recognition, trust and self-awareness in these processes of change.
- Composition of elements in specific regular structural arrangements that are unique to the material.
Elements predominantly from the first three rows of the periodic table, occasionally also from the fourth row.
- Trust
Gemstones strengthen our trust in life and our activities, our self-confidence, trust in relationships, trust in a higher, complex existing order structure.
A lack of trust calls for gemstones.
- Gemstones and birth
Gemstones are fruits of the earth, created by the interaction of natural forces. They are associated with fertility, new beginnings and birth. Rebirth in processes of change. One can also think of babies, who are very special and unique, even magical or particularly beautiful.
- Gemstones reflect the oldest belief systems of humanity; they allow light to flow through their clarity, thereby clarifying the flow of consciousness and destroying old paradigms.
- Gemstones are something special, they have "exclusive" rights
egocentricity, selfishness versus patronising
- Prisoners in the darkness
Hidden and liberated. From darkness into light. Trapped in the earth, unable to radiate light, feeling like a prisoner.
- Transformation and Alchemy
There is a conscious desire for transformation. The process of creating gemstones is an alchemical event. They are purified and shaped into a sustainable structure that represents something beautiful, rare and special, a structure that can receive and radiate light.
- Yin and Yang
The forces of opposites encounter each other and give form and expression

3

Key psychological themes:

- Violence, abuse, betrayal, protection
- Beauty: Sense of beauty and perfection
- Boundaries and light
- Conspicuous typical behaviour and appearance – individual character

- Independent. Connection to specific colours, specific preferences
- Feelings of loneliness and isolation with a desire to belong
- Sustainability, rigour and strength. There is sometimes a kind of coldness of heart that the person affected does not find unpleasant.
- Geometry, order and structure
- Gemstones have structural patterns, and energy flows within this structure
- Heat, pressure and patience (formed from magma rock at around 1200 degrees Celsius)
- Serious and humorous, alternating
- Visual language and symbolism
 Animals as an expression of instinctive impulses
 Excrement and toilets. Expressing what one does not want or wants to get rid of.
 Flower pictures. Expression of feelings
 Volcanoes. Eruptive quality of feelings and expression
 Gods, saints, masters and idols
 Spinning forces
 Spiral forces (chakra path)
 Sun and moon
- Intellect and memory, focus and concentration
 Due to internal organisational structures, control over intellectual processes is present (thinking, rationality and memory)
- Clarity and insight
- Materialism and earthiness versus ethereal awareness of being
 Light in matter
- Reference to the correspondences of the rows of the periodic table

Key spiritual themes:

These are common in gemstones, many aspects are spiritual in nature. People who need gemstone medicine are often involved in healing, channelling or spiritual healing; they are searching for perfection, pure truth, enlightenment, something eternal, the unity of the higher self with God.

- Spirituality versus matter
 Tension between spiritual and material demands in life.
 Struggle between good and evil, God and the devil, ego and higher self.
- Christ, the cross and the crucifixion
- The sixth sense, energy awareness, healing
- Gemstones are said to protect against misfortune, illness and danger.

4

- Intuition, telepathy, seeing auras, fortune telling, perceiving physical energy fields
- Religion and self-sacrifice
 Paths to consciousness, mystical paths, renouncing material aspirations for a spiritual world (monks, nuns)
- Meditation
- Chakras

Connection between Pele's Hair and gemstone themes

The specific gemstone themes are reflected in a variety of symptoms and dreams of the two AMSEs, the trituration test, and in the symptoms of clinical experience reports on patients.

Selection of symptoms that refer to gemstone themes:

- Feeling alone, feeling abandoned with a need for union
- Wanting to break out, wanting to be free
- Persistence
- Complaints due to violence, abuse
- Awareness processes
- Feeling trapped
- Wanting to escape, break out
- Alienating oneself
- Memories of past traumatic events become very clear
- Cheerful versus joyless
- Processes of realisation after diarrhoea
- The flow of life along the energy channels brings lightness. The grey is revived and becomes colourful.
- Detachment
- Locked inside oneself, stuck, as if imprisoned, as if enclosed
- Energy, suddenly
- Energy, increased, wants to create order
- Energy awareness, increased energy
- Energy flows from bottom to top, like life energy, invigorates the senses
- Insights, perceptions through bodily sensations, like a bursting feeling in the chest or a feeling of fullness in the chest, with a feeling of connectedness.
- Emptiness of thought
- Insensitive
- Insensitive, hard, lack of compassion, cold-hearted
- The heart opens up, love blazes in the heart and with it joy
- Loss of feeling
- Violence
- Conscientious in small matters, calls for order
- Harshness, severity, coldness

5

- Clarity
- Complaints in the area of the crown chakra
- Concentration, clear or impaired
- Compassion, increased or lacking
- Need for order
- Striving for perfection

- Self-confidence
- Self-confidence, lack of, wants to create order and overview
- Feeling of trance
- Delusions:
 - Boundaries dissolve
 - Completely separated from the inside, no relationship
 - No one can find me, no one notices me, I cannot find anyone either
 - Everything is lifeless and dead
 - Everything seems hard, tough and lifeless.
 - sees herself in the mirror as if she were a stranger...
 - sees herself in the mirror as the nightmare image of her boss...
- Twitching in the body, like energy discharges

Dream excerpts with typical symbolic characteristics:

- Abuse and violence, she appears as a saviour
 - Being dissolved and becoming one with chemical elements and compounds
 - Baby, without a nappy, afraid of being pissed on
 - More babies and pregnancies.
 - Of death and rebirth
 - Of light and enlightenment
 - Feeling trapped
 - Necklace and its value
 - Gas explosion
 - Rose-shaped blossoms
 - Emotional detachment during the most gruesome dreams
 - The black dog that tears the woman's heart out of her body
 - Water hyacinths
 - Semi-lucid dreams: falling through layers of the past - constrictions and limitations caused by excessive construction
 - The light at the end of the tunnel, with a longing for light
 - Tube with bubble
 - Bubble-shaped structures rise
 - Sunbeam through the clouds banishes danger
 - Acceleration, the apocalyptic horseman, the sun chariot calms. Dead to totem, it is light and calm, diamond light, golden threads. I shine in a dress of light, I dance, I rejoice, I myself am now very light, Pele's hair are threads of light, vulnerable, I am all alone. Baby.
- TRANSLUCENCY – we are condensed light

6

Note on the word TRANSLUCENCY, which most clearly symbolises the effect of the medicine for me, although I have never heard it before, it is deeply familiar to me: Something is illuminated from within and without and is illuminated, it can rise into clear consciousness. Something is completely flooded with light. Something is illuminated and brought to light. Here, an effect on the 6th and 7th chakras can be recognised.

Tara-Chiccetti's analysis of Franzens' dreams leads to the common conclusion that the central theme has to do with death and rebirth. It is necessary to sacrifice material life in favour of a purified, higher new existence. The heart is the focus here; on the one hand, it is torn out by a wolf, and on the other hand, it is about filling a heart of ice and coldness with love. The heart represents the 4th chakra. She goes on to talk about an alchemical process, spiritual transformation and expansion of consciousness, and the bubble-like structures that are released in the process, which arise as an expression of the divine in the union of opposites. Incidentally, the bubbles recorded by an examiner bear a striking resemblance to the structures in the cross-section of Pele's hair. All this symbolism and its interpretation bring us closer to the gemstones.

The message of the remedy that reached me during my C4 trituration – love blazes in the heart and with it joy – is strikingly similar to the statement of a prover of Stromboli Lava (HAMSE with C30), who quotes a saying of the Archangel Chamuel: My heart is filled with the flame of love. So is this already a common theme of basalt?

Pele's hair and basalt rock

I have attempted to summarise the characteristic themes of basalt rocks from the proving materials of Hekla Lava, Stromboli Lava and Etna Lava, as well as from my personal notes on Arizona Lava in 2002.

In the basalt examinations, I found no reference to themes such as alchemical transformation, spiritual transformation or expansion of consciousness.

About rocks

Obedying a higher order, they are natural complex agents that represent more than just a structure of elements. They are witnesses to time and reflect ancient principles. They are anchored in the great evolutionary process, giving form, support and structure. Rocks make the idea of eternity a little more tangible for us. They give us boundaries, security and a feeling of not being lost. They reflect our existence in space and time.

7

BASALT— THE TRANSFORMER

Basalt helps us to let go and gives us the courage to enter into new structures that are constantly and irrevocably emerging in life. We often refuse to acknowledge and accept the changes in the structures around us for fear of being broken by them. Letting go of the familiar and beloved is not easy, but it is inevitable. Basalt keeps the rhythmic flow of change between the poles in motion. We are drawn into participating in this dynamic flow.

The separation of the symbiosis between mother and child at birth: if the woman giving birth resists the contractions, she experiences the pain much more intensely and endangers the natural process for herself and her child.

If we do not let go, we become stiff and rigid, movement patterns become frozen and replaced by ritualistic behaviour.

Günter Mattitsch describes basalt as the ANGEL OF TEARS.

Personal account of a meditative encounter with basalt on 11 November 2000:

As soon as I smell it, I notice the metallic odour of the medicine. I have vomited the very core, the whole world, out of my body. Deep in my lower abdomen, the tremors began and spread upwards like a pulse wave, emerging from my mouth. Dizzying clouds float around my head and darken everything as if in grey fog. My mouth fills with saliva, the tip of my tongue burns and I have a metallic taste in my mouth. The smell is bright and metallic. It gets hotter and hotter and the light turns red. Heat is everywhere, sweat pours from me and I feel tremors throughout my body. During the paralysis – tremors and nausea. Aftershocks in my lower abdomen – peristaltic waves create a warm feeling of well-being. Slow cooling.

Basalt therefore supports us in difficult processes of change, releases us from paralysis, warms our hearts and gets us flowing again.

Key symptoms for basalt rock

- Feeling of heat - Feeling of cold
- Feeling of congestion
- Feeling of being frozen
- Stagnation, everything is at a standstill, the flow is gone

8

- Feels like a stone
- Foggy
- Colourlessness, barrenness
- Everything is merciless, relentless
- Feeling of isolation - wants to be alone
- Numbness

- Indifference
- Persistence
- Apathy
- Confusion
- Insecurity, anxiety, confusion
- Melancholy, lack of light-heartedness, depression, negative thoughts, hopelessness
- Inner emptiness
- Violence
- Compassion for the fate of others
- Sadness
- Despair
- Increased crying or inability to cry
- Mental and physical fatigue
- Lack of motivation
- Hasty, impatient, intolerant
- Talkative, as if excited
- Restlessness
- Burnout syndrome
- Quarrelsome
- Anger, irritability, rage

9

Typical physical symptoms:

Dizziness, everything rises to the top.

Something rises in the head, dull feeling, with heat and nausea.

Tension in the muscles

Pain, dull, pressing, burning, irritated and foggy

Burning eyes

Ringing in the ears

Sensitive nose, nosebleeds

Sinus problems

Mucosal ulcers

Tickling sensation with dry cough

Increased or decreased appetite

Bloated abdomen, cramp-like pains

Frequent diarrhoea

Loss of libido

Menstrual problems

Dyspnoea, pressure on the chest

Tension and pain in the spinal area

Stiffness with weakness

Pain in the extremities

Temperature sensitivity

Numbness, tingling

Itching, dry skin

Sleep, waking up as if from anaesthesia, tired despite sufficient sleep

Dreams – erotic, violence, theft, teeth falling out

Weakness, exhaustion, prostration, fatigue

10

Everything is difficult

Weight loss and gain

Susceptibility to infection

Sensitivity to weather changes, feeling better when the weather changes to sunny and vice versa

Basalt has a deep and long-lasting effect!

Differentiation between Pele's hair and gemstones and basalt

When we encounter a patient whose overall symptoms point to basalt rock and who also exhibits characteristics associated with precious stones, then Pele's hair is really the only appropriate remedy.

We can now differentiate the key symptoms of Pele's Hair relatively easily after a process of elimination.

The symptoms of patients who need Lava Kilauea are characterised by a refined dynamic.

The main themes of Pele's Hair, in addition to the general themes of basalt and gemstones, are:

- Rigid and easily hurt, trauma consequences
- acceleration and turbulence, centrifugal force, dynamics
- Detachment - lack of distance
- Feeling trapped and wanting to break out
- Skin and shells
- Entire sensory system, sensory perception
- Energy issues (life energy flows from bottom to top)
- Self-alienation

11

- Clarity, consciousness processes (something wants to be illuminated, illuminated)
- Light and shadow, transformation
- Trance (as opposed to being foggy)
- Urge for order, building structure
- Colours, gold, yellow, champagne

- Pregnancy

Pele's Hair has a deep, long-lasting and consciousness-expanding effect!

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