

C. Ari – Aragonite – a medicinal substance
trial



Aragonite was the Mineral of the Year 2025 in Austria.

Aragonite was first scientifically described as early as 1750.
It occurs in various forms and is found worldwide.

Pure aragonite is either *colourless or white*, but may also be grey to brownish, yellowish, reddish, greenish, bluish or violet in colour due to foreign admixtures or impurities.

Mohs hardness: 3.5 to 4.5.

Aragonite is a common, widespread crystalline form of *calcium carbonate* (CaCO_3), but is rarer than its chemical twin calcite (limestone) and does not form independent rocks.

It forms *hydrothermally, in relatively warmer waters*

In caves: Aragonite often forms spectacular stalactites, stalagmites and cave flowers (anthodites).

In volcanic rocks: Particularly common in cavities within basalt and basalt tuffs.

As sedimentation: As oolite and carbonate clay in seawater and in evaporite deposits.

In thermal springs as effervescent or pea-sized stones.

In ore deposits: In the oxidation zone of ore deposits, often as 'iron bloom' (Flos Ferri), such as at the Erzberg in Styria.

In water pipes and kettles as rather undesirable deposits from hard water.

Biologically: In the shells of snails and mussels, in the skeletons of corals, as mother-of-pearl and pearls.

High-quality and beautifully formed crystals are in high demand due to their rarity and aesthetic appeal.

Key differences between calcite and aragonite

- *Crystal structure:* Aragonite is orthorhombic, calcite is trigonal
- *Abundance:* Aragonite is common, but less so than calcite.
- *Stability:* Aragonite is less stable than calcite and tends to transform into calcite at higher temperatures and pressures.
- *Rock formation:* Unlike calcite, which can form entire mountains such as limestone and marble, aragonite does not form independent rocks.

The examination

The test for **aragonite** was primarily designed as *a Sense test* and was conducted by me during the 2nd Stone Seminar on 7–8 November 2025 in Vienna.

The participants were presented with photographs of two different, anonymised crystals. Image A showed calcite, and Image B showed aragonite. They were asked to select one of these two images based on personal attraction, to examine it closely and allow it to sink in, and then immediately describe their spontaneous impressions. *The image on page one was chosen for this test.*

Those present at the venue also had the opportunity to take a corresponding crystal home with them; online participants had only the image available for contemplation.

On the second day, the stones were identified and the remedies discussed. Some participants continued to observe the crystal's effect in their surroundings.

The intuitive choice of a stone is based on the principle of resonance, by selecting a stone blindly for the current situation, which then turns out to be 'just the right one'.

The principle of light communication: every stone has its own specific light and its own specific radiation, which it transmits to other bodies. Theory of morphic fields by R. Sheldrake By placing stones in a room or on the body, they, as enduring entities, usually emit the same information.

Total number of participants: 12

- of whom 8 were female (1, 3, 4, 6, 8, 10, 11) and 4 were male (2, 5, 9, 12)
- 8 subjects had both the image and the stone: 1, 2, 3, 4, 5, 6, 10, 12
- 4 participants had only the image: 7, 8, 9, 11
- 9 participants tested exclusively in a blinded manner: 2, 3, 4, 5, 6, 7, 8, 9, 11
- 2 subjects were followed up: 10, 12
- Subject 1 was familiar with the substance

The homeopathic remedy was manufactured by *Remedia* from a *raw aragonite crystal* provided by me in time for the seminar.

It originates *from Morocco, Sefrou province, Tazouta region*.

The crystals used in the trial also originate from there.



This crystal served as the source material for the preparation of the remedy.

Test symptoms

During the evaluation, it was noticeable that many of the symptoms had a symbolic character, which corresponds to the criteria of a gemstone trial.

Symbolism, associations

Marine invertebrates

- ❖ *Anemones*
 - Anemones in the coral reef. 2
 - Movement, undulating, water, coral
Wavy movement like anemones. 4
- ❖ *Squid* – suction cups – feeling – sensing. 9
- ❖ *Coral* – solid yet porous like bone. 9
 - Parallels with *corals, annelids and other marine creatures* on the edge of the abyss. 11
 - Coral. 5
- ❖ *Octopus*. You are *like an octopus*, looking so gentle, yet sharp and dangerous. I want to plunge you under water, drown you: so you dissolve... 10

Structure and form

- ❖ The structure provides support, security and strength. It is linear and repels anything that might penetrate from the outside. 3
- ❖ The fractal structure of life. 9
- ❖ Fractals. 8
- ❖ Actually, I don't want to drift in any particular direction; I don't want to see fragments, but the whole. 7
- ❖ A black rectangle, then a dark and opaque cave, then the vision of a fox's mouth, like a volcanic cone spewing out stones and grey lava. 11
- ❖ The cubic tubes try to conceal the entrance. 11
- ❖ Everything is the same, and yet every part is different. 9
- ❖ "The inside and the outside are one." 11
- ❖ A childhood memory: rock sugar sticks with tea. 8
- ❖ In the cold comes fragility – just like with sugar threads.
When warm, they are supple and flowing; when cold and dry, they are rigid and fragile. Like a thin-walled glass ball (Christmas bauble), it shatters, breaking into many cracks and small shards. 6

Colour, abundance, lustre and warmth

- ❖ the red and white and the variety drew me in. 7
- ❖ Orange and dull. 11
- ❖ The colour radiates warmth and is invigorating. I sense an abundance, feel well looked after and richly blessed. 3
- ❖ Honey, sugar apple, cinnamon, comforting, Christmassy sparkle, Christmassy cosiness, sugar + warmth – caramel, mandarin, moist (not dry), sweet. 6
- ❖ The surface is shiny, some stones sparkle. 11

Light and darkness,

- ❖ Light and dark: are these your sides, the heavy red and the bright, ethereal white? The red grounds me, the white lifts me up into the air. 7
- ❖ The warmth has a dissolving quality. Thus light enters the darkness. The stone is then filled with light. 6
- ❖ Light. 9
- ❖ Leave the darkness behind; it is unimportant, it belongs to the past. 11

Energy and information

- ❖ Information storage. 9
- ❖ Feel the energy. 9

Eccentricity

- ❖ Concentration and explosion, as in engineering drawings – exploded view. 5
- ❖ Radiant, symmetrical. 5
- ❖ Fireworks. 5
- ❖ Something spills over, splashes, spills out, beyond the edge of the plate. 5

Wounds and femininity

- ❖ Flesh, torn muscle fibres 4
- ❖ Placenta 4
- ❖ A wonderfully vivid image! 10
- ❖ A wound, like a scar, round and frayed.
You suck me in, I shatter, cannot find a foothold;
the depth frightens me, the darkness too.
Pull back, melt!!!
The edges of your wound are sharp, piercing me.

I cannot defend myself, attacked from all sides.
You're like an octopus, looking so gentle, yet sharp and dangerous.
I want to plunge you underwater, drown you: that's how you
dissolve... 10

- ❖ I was immediately drawn to the crack, the hollow, as if I were being sucked in. 11
- ❖ The feminine principle, 'it is a vulva'. 11
- ❖ An image of returning to the womb... but that is impossible; it belongs to the past. 11
- ❖ I feel at ease with this stone, as if in the arms of a gentle and warm universal mother who envelops, wraps and embraces. 11
- ❖ Something soft and comforting, as if being embraced. 11
- ❖ I had a pleasant feeling: "This stone draws me in!" 11
- ❖ I feel drawn to the flowing stream, a valley carved into the stone, and want to step inside. 11

Message

- ❖ "Be yourself with goodwill (kindness)." 11
- ❖ Gentleness, goodwill (kindness) towards everything and everyone (towards every little cube, no matter which way it moves). 11

Mental and emotional symptoms, dizziness, sleep

Connection.

- ❖ As I looked at the image, I felt *a very deep sense of connection with the homeopathic community*, the likes of which I have never experienced before (I tend to see myself more as an autonomous cell).
2
- ❖ I felt *a pleasant sensation in my stomach, reminiscent of loved ones, accompanied by a sense of connection*. 6
- ❖ It reveals the *beauty of complexity and connectedness*. 8

A sense of security

- ❖ Lots of soothing energy with inner well-being, as if it were only natural... I feel somehow safe and protected. 10
- ❖ A craving for sweet things, which gives a feeling of security! 8

Trust in the team

- ❖ I had to step in at short notice to cover for a colleague at a pharmacy. At first I was a bit nervous, with an urgent, almost diarrhoeic urge in the morning. Will I be able to meet the demands, not make too many mistakes, as I don't know the computer system? ... *but then I found my confidence, thinking to myself that with the help of all my colleagues it would work out* – and that's exactly how it went on Wednesday, Thursday and Friday... 10

Stable – unstable, emotional

- ❖ Feelings are *all over the place*. 4
- ❖ *Focused and explosive*. 5
- ❖ *Centred, calm, but curious*. 5
- ❖ *Overflowing*. Thinking outside the box. 5
- ❖ *Scattered*. A jack-of-all-trades, but everything cut short, not to the extreme, only 80%, then cut, no more energy. 5

Versatility & Complexity

- ❖ Versatility in all areas. 5
- ❖ The diversity of being, inside and out. 8
- ❖ View from a distance/view from above. 8
- ❖ Risk of getting lost in the details. 8
- ❖ Doesn't some of it fall by the wayside when I look so selectively? 7
- ❖ Actually, I don't want to drift in one direction; I don't want to see just fragments, but the whole picture. 7

Overwhelm. Uncertainty. Indecision.

- ❖ Where am I drawn to? The red, the white?
I don't know. It's too much for me.
There's something white in the foreground that catches my eye. But what about the other one? 7
- ❖ Where should I go? There's so much to decide, but I can't do it. 7
- ❖ I feel a tremor within me. Uncertainty. 7

Guilt, dependence

- ❖ I was able to COURAGEOUSLY SAY NO to a tempting offer to give a summary presentation of this seminar for the HIÖ. I asked for time to think it over and decided on NO, *as, just as with all my activities and support roles, I very often allow myself to be put under pressure by people who have placed their trust in me: this triggers joint pain in me, a sign of being overwhelmed, as soon as I don't look after myself enough*. At the moment I said NO, I suddenly felt a weight lift from my shoulders; this burden, like a heavy rucksack, 'disappeared into the ground'... and I felt no uncertainty! No: I could have said yes after all. Perhaps it could have been worked

around somehow, as I often work on things at night... No, I have **no guilty conscience, no thoughts about what the other person might think of me** (this is how I usually react after making a DECISION FOR MYSELF!) This time, I'm left with a good feeling! 10 – A healing symptom?

as if in a daze

- ❖ As if in a trance – that's how I imagine the effect of Nux moschata. My head feels like it's filled with cotton wool, as if I'm in a daze. I forget to take my mobile phone with me, which does me a world of good. I read Maja Haderlap's *Nachtfrauen* on the Underground, as if guided: it brings me to tears... I almost miss my stop... 10

Serenity

- ❖ I notice that some things annoy me (about my partner), but I accept it calmly. 12

Hiding something, withdrawing

- ❖ I realise: *I was hiding my smoking* from the three of you before we took the lift together in the morning; during the break too! 10
- ❖ Blending into the crowd, no individuality, *hiding in the crowd*. 10
- ❖ "We can behave like shadows to conceal what we have within us." 11
- ❖ Image: a crowd, a mass of people, blending into the crowd, having no individuality, *hiding in the crowd*. 11
- ❖ After the seminar I'm very tired, enjoying being home alone as my partner is at a concert. *Being alone is my delight, my way of recharging: don't have to speak to anyone, nobody wants anything from me...* I long for it more and more and now I'm treating myself to it!!! 10 HS

Criticism.

- ❖ Cannot bear criticism, freezes up, is shattered by it. 6

Colours

- ❖ The *colour gives warmth, is stimulating* ... I feel a sense of abundance ... feel well looked after and richly blessed. 3
- ❖ The *colour red*. 4
- ❖ The *heavy red and the light, ethereal white?*
Red grounds me, white lifts me up into the air. 7

Dizziness.

- I wake up with 'snakes' in my head: not a Medusa-like head with snakes emerging from it, but many wriggling snakes, as if trapped in a narrow cave, surrounded by rock, cramped... No fear of them, as I've never been afraid of

snakes!!!... the whole thing turns into a swaying dizziness, from right to left, which only disappears with physical exertion (training). 10

Sleep.

- I lie awake between 2 am and 5 am and cannot fall asleep, but it did not particularly bother or irritate me. 12
- As I was falling asleep (with the stone under my pillow), my neck became increasingly tense, so that I had to consciously stretch it to be able to fall asleep. 2
- Fatigue, increased. 10

Sensations.

- Delicate, slender, tender. 6
- Sensation of a wound. 5

Physical symptoms + General + Chakras

- **Vision.** Feeling as though I can see better; when I look over my varifocal glasses, everything is perfectly sharp. It persists. 10
- **Twitching in the right eye**, in the corner, as if something is wriggling, uncontrollable... Eye Qigong helps. Comes back repeatedly, sometimes more, sometimes less bothersome, without affecting vision. 10
- **Right ear, inside itches** more than usual, now even upon waking, otherwise only in the evenings, now daily and also lasting longer. AS 10
- **Tension in the cheeks and jaw**, in the mornings upon waking. 11
- **Mouth, teeth. Sore 4 days after extraction:** a pus-filled blister forms overnight on the outside (buccal), outer edge of the wound red, inner edge of the wound very clean. 6
- **Stomach. A pleasant sensation** in the stomach, reminiscent of loved ones, a feeling of connection. 6
- **Craving for sweets**, which gives a feeling of security! 8
- **Hunger and thirst, reduced.** 12
- **Nausea.** Around 3 pm I feel so sick; it starts suddenly and ends just as suddenly after about 10 minutes. Do I need to vomit??? 10
- Sudden **severe abdominal pain** in the evening, like a belt that's too tight, after eating, better when lying down. 6
- **No bowel movement** in the morning, otherwise daily. 10
- **Urge to defecate accompanied by a feeling of being overwhelmed.** 10

- **Bowel movement, urgent.** In the early hours of the morning, I was woken by a sharp, cutting pain in my lower abdomen; I had to go to the toilet urgently and passed large amounts of thin, foul-smelling stool, three times in total, eventually as thin as water. I was worried I wouldn't make it to the toilet in time. Then it was all over! 1
- **Bowel movement, urgent.** From 9.20 pm, a massive urge to defecate, which at 9.30 pm led to a very strong bowel movement (soft, mushy to liquid). After that, however, it was over. 2
- **Bowel movement, urgent.** Painless liquid diarrhoea, urgent urge to defecate, explosive, like the shape of a crystal, a second time as well – a lot, squirting, smelly, hopefully it will pass before the car journey. 5
- **Bowel movement, urgent.** With anticipatory anxiety, in the morning, almost diarrhoea, urgent. Soft, bulky stool, twice in quick succession with 'rumbling' in the lower abdomen below the navel, loud. 10
- **Bowel movement, involuntary.** Go to the toilet in the morning to empty my bladder. A flatus announces itself, but instead of wind, liquid, mushy stool goes into my trousers. I am horrified, as I can only recall this happening once before – during a trituration to Schubert's music. I am unsettled and think this might have something to do with the unfamiliar food at the inn.... After some research, this seems very unlikely. 12
- **Tense neck.** As I was falling asleep (with the stone under my pillow), my neck became increasingly tense, so that I had to consciously stretch to be able to fall asleep. 2
- **Left side of throat and upper body, itching.** 5
- **Coughing.** 5
- **Calm and deep breathing.** 11
- **Heart.** It leads me physically to the heart chakra, in a gentle, dark spiral. 11
- **Urge to urinate, involuntary.** In the toilet, I notice my pyjama bottoms are wet. A long wet trail... – Apparently the bladder sphincter wasn't working (either)? 12
- **Right hand, cold burning and throbbing.** When holding the stone in my right hand, I first felt a cold burning sensation, which was joined by a throbbing, even though I had held it very loosely. 2
- **Right hand, inside the base of the thumb:** sudden itching with swelling and a bluish discolouration, for no apparent reason. Gone after a few minutes. 10
- **Hands. Stimulating massage of the palms.** 5
- **Stinging on the left, inside the elbow** (small intestine meridian), feels hot. 5
- **Left upper arm, proximal rear, itching,** like a mosquito bite in summer. 10

- **Left hip**, Chakra 2 sensation on my left hip, but the stone corrects me: Chakras 1 and 2, **the entire pelvis**. 11
- **Legs**, left more than right, in the shin area, or above the inner ankle, sudden round, **warm patches**, clearly noticeable, a sensation of coldness above them. Brief, lasting a few minutes, then suddenly disappearing. Repeats at various times...10
- **Feet, cold**. 5
- **Skin. So many pustules**, that must be itchy. 7
- **Heat**. 4, 10
- **Warmth/cold: Touch feels good**. I cool myself against the stone until it becomes very, very warm. I wonder, is the coolness of the stone pleasant? Or does it feel right because the stone wants to be warmed? The warmth has a soothing effect. 6
- **Feeling of heat**. I'm hot, it's dark, I need to get into the light. 7
- **Sides. Left side in the evening, right side in the morning**. 6

Chakras

- Chakra 2 sensation on my left hip, but the stone corrects me: **Chakras 1 and 2**, the entire pelvis. 11
- **It leads me physically to the heart chakra, Chakra 4**, but in a soft, dark spiral. 11

Dreams

- Dream: my older son (the skater) was doing several laps on a trampoline with a scooter, whilst after each lap I recorded the increase in my headache in an examination log. With every jump, the jumping surface changed more and more into a huge, black-and-red glowing coal brazier. After about two hours, the headache was so severe that it woke me up and I placed the stone on the bedside table. 2
2nd dream (afterwards): I am in town and trying to stop a vaguely familiar elderly woman with an alcohol problem from drinking; I put my arm around her and gently but firmly lead her away from the mulled wine stalls, but she suddenly disappears and I wake up. 2
- Many dreams throughout the night. 6

- A) Our holiday in Tyrol is extended – the feeling being: since we're already here, we might as well stay. The point of returning early is lost. Breakfast in a dark room is the only lasting memory after the dream. Vague, unclear.
- B) Subsequent return home, though not to a real house, but this isn't questioned in the dream. Family is present (my brother, my mother, children). Ex & children's father too. I get very angry because he's behaving badly and shout that I don't understand why my family is just watching this without comment, nobody saying anything. In a fit of rage, I kick a box lying on the floor. My ex is surprised when I tell him it's his weekend, which I swapped with him at his request. He wants to take the children after all, but I say we already have other plans and that's not possible. Interestingly (which is unusual), he shows an interest in our activities. His girlfriend drives, he stays. It/he makes me uncomfortable, because the communication isn't stable. Emotional.
- C) At a long table – to my left, my history teacher. I'm not sure if she recognises me, which feels strange. Does she remember me? Further down, R. F. says he was my art and physics teacher, and we agree on that. A conversation with the person opposite me about instruments and the benefits of playing them. He talks about children who learn many instruments at a very early age, and when asked which textbooks these children use, he shows a picture on his smartphone. As I look at it, I realise: it's a zoomed-in shot of his bedroom. My partner next to me, Martin, is looking at it; I feel uncomfortable. Out of the corner of my eye, I see a row of bongos, which makes this situation (**overstepping the mark**) even more uncomfortable for me. On top of that, Martin says he'd like one of those too. He shows the owner what he means, which makes the owner uncomfortable. I object, saying that's nonsense – what on earth would he want that for? (Martin has never smoked anything in his life, not a single cigarette or anything else.) It turns out he thought it was a component— —something he could use in his workshop. The other man explains how handy these things are, especially for smoking the remains of joints, whereupon I drive off in disgust. Hidden.
- D) In a square in the old town, a man (a homeless person?) is playing a black flute. Music drifts up from a ditch. The flute player winks and

turns the flute so that he is holding it upside down, putting the wrong end to his mouth. In the ditch, which is like a sort of glacis in front of a beautiful building (everything in the square is white), a band starts to play. The singer, however, has a rather uninteresting voice, so the overall sound isn't very pleasant. I'm talking to someone who says this band used to be great in the 90s. I say: Perhaps it's the case that well-trained voices lose some of their authenticity.

Key motifs in the dreams:

- Authenticity
 - What is "real"/"true"?
 - Looking beyond the immediate, beyond the frame (smartphone), to other levels (band in the pit: spatial and temporal levels) -6
- Dream:
Dreams of a rust-red, burst, stranded ship, filled with containers. I experience myself twice in the dream.
One self sits inside the ship's hull, wandering aimlessly through the container aisles in the darkness.
The other self is outside, looking at the torn-open hull and trying to locate the other self inside in the darkness.
The dream had no real ending; I wake up as **both the seeker and the wanderer**, without a solution. 12