

Presentation Text - Dr. Christina Ari

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Let me introduce you to a new volcano remedy which is meant to treat depression after heavy traumatic disturbances.

Lava Kilauea- Pele's Hair

In May 2010, right after the LMHI Congress in Los Angeles I visited Big Island on Hawaiian archipelago, accompanied by my friend Robert Müntz from Remedia Pharmacy, to witness some of the most active volcanoes on this planet. We spent three days in an unbelievably magnificent part of the world, dominated by unpredictable forces of nature. As we flew into the smoking crater of Kilauea, which has been continually erupting with material from the centre of the earth since 1983, burying ever more fertile land, we were reminded of the images of the moon's surface. Those impressions are simply unforgettable.

The Hawaiian volcano and fire goddess Pele is the spiritual mentor between the local people and this force of nature, as it is at her mercy to direct the volcanoes' activity. There, at the crater of Kilauea she, rewarded us with a very special present.

Pele's hair are volcanic glass fibres, which arise when small particles of molten lava are thrust into the air by force of the eruption, where they are spun into hair-like strands. The molten rock is thereby stretched to fibres with a diameter of less than a millimetre.

In sunlight, these are shimmering golden blond. The extremely hot air and the low viscosity of the silicate-poor basalt found at Kilauea are the prerequisites for the formation of Pele's Hair.

A base estimate was done by Takashi Katsura at the Department of Chemistry in Tokyo's Institute of Technology in 1967.

Regard its chemical contents in descending sequence of the frequency of occurrence.

As a homeopathic remedy its specific effect has to be differentiated from other basalt remedies, which certainly can be traced to the unique way in which it is formed by nature. Pele's Hair is traded like precious stone and it is a precious remedy to think about when encountering patients suffering in deep emotional isolation. As I had already experienced with other precious stone remedies before I faced a rich symbolism and refined dynamic during the trituration of Pele's Hair.

Let me share my subjective account of triturating the material up to C4.

The first effect was that of a build-up of energy in my body, together with a feeling of emotional isolation. Everything around me seemed lifeless and empty, as if cut off from the flow of life. To no longer be connected to anything, to remain in a state of unrelatedness, to experience no pain and no joy: This was an almost unbearable experience. It was like hard work without any sense of lightness. I felt completely shut in, as if stagnating.

As the dynamic unfolded there was a movement from inwards pressing outwards. Everything started flowing, from below to above, as in rhythmic waves. The processes of perception were thereby reactivated and resensitized to reconnect restrained impulses.

Subsequently I encountered elemental forces of nature, creating an immense love of life.

Two separate classical Hahnemannian provings including 13 and 17 participants, double blinded and placebo controlled, carried out at multiple locations, in comparison with a triturating proving including 11 participants demonstrate the characteristic and leading symptoms of this new remedy. The aspect of reflection on different methods of remedy proving is new and spectacular and for sure it delivers results even more precisely.

This substantial work needs further elaboration for results to be published in the near future. For further information please note my email address.

Due to the symptoms of the provings Lava Kilauea acts as a remedy on patients with reduced or heavy irritated ability of perception. This leads to hardly perceptible emotional reactivity, followed by a disturbed flow of rhythmic vital forces, being the source of complaints and diseases, referring to clinical indications as listed on the screen.

Psycho vegetative disorders, sleeping disorders, headache, vertigo, uncertain abdominal disorders and skin eruptions were rather common in the provings.

Now let me give evidence to this remedy by showing the impressive history of a patient being cured after suffering from depression for many decades.

He was born in 1943 and last but one out of 12 children. His parents' relationship was full of conflicts and violence, therefore he was nervous and irritated in childhood already.

At the age of 14 he already needed anti-depressants. Instead of going for a job he preferred staying at home, not joining society for two or three years. Finally he retired early in the age of 54. He never got married. Once for short he had a distant relationship with a woman, kept contact with his family only and never made friends.

When 57, he was injured in a bicycle accident. His left patella was demolished and reconstructed and after this trauma his psychological condition aggravated. He got panic attacks accompanied by heavy tachycardia.

At that state I first met my patient in 2001. He seemed to be very introverted, a man with vivid eyes, giving the impression of a person locked into his body. Physically almost in a cataleptic state he showed reduced discern ability.

His main complaints were:

- A lack of motivation, worse in the morning, showing no activity
- Restlessness while laying or sitting during the day
- Trembling, worse when thinking about his problem and being watched by someone
- Fearful in a crowd
- Strange sensations in head and legs, while standing among people
- Dizzy feeling, while talking to others
- Vertigo
- Headache, in draught
- Ailments from sinusitis, better from vomiting
- Tinnitus
- Mouth, dryness

- Throat, aching after cold drinks

- Heartburn, after sweets
- Prickling sensation in thorax
- Urinating with low pressure
- Arthrosis from heavy work
- Pain in left knee, after reconstruction
- Sweat in forehead and neck, worse while sleeping and awaking
- Difficulties falling asleep, disturbed by thoughts about complaints
- Always afraid of not being able to recover
- Had no ideas about his dreams
- And had a lack of appetite and thirst, avoided beef and was longing for farinaceous food.

About the treatment:

For several years I supported my patient quite well by giving him ascending doses of *Calcarea Carbonica*, intermitted by *Medorrhinum* and *Petroleum*, but that treatment wasn't giving profound results.

In June 2010 I first ordered one dose of *Lava Kilauea C200*, which was repeated after one month. The results were amazing.

In August already he felt much better, his vital forces slowly started to recover. He made a fundamental change in his constitution. A kind of joyfulness and balanced feeling entered his life and he started to open himself to whatever happened around him. At that point it was much easier for him to leave home and join society.

Physically all the strange sensations disappeared, sweats were reduced, he felt calmer. Just slight trembling was remaining in the morning after getting up.

He started to remember his dreams, mainly dreams of the deceased. Even an earlier eczema returned and vanished without interaction.

Finally my patient recovered from suffering almost his whole life!

In conclusion- Lava Kilauea is to be regarded as a remedy after heavy traumatic, especially psycho-traumatic disturbances. I imagine this remedy to be of great effect for disaster struck people. For example after the tsunami in Fukushima relations have been split by force, thousands of people have lost their homes and until now they are forced to live a live under restricted conditions in emergency accommodations. Certainly many of those victims are anxious and cloister themselves away, just to protect themselves. Lava Kilauea could be a precious remedy to think about if such struck people are not able to recover by nature.

Thank you very much for your attention!